



Phoenix Dodgeball EZ Rules Guide

Playing the Game

- Play is started by a referee blowing a whistle.
- Each Team attempts to eliminate all other players on the other team.
- The team who eliminates all players on the opposing side wins.
- Players will be called out by a referee and should leave the court quickly not to interfere with play.
- When players are eliminated, they stand in the queue area in the order they were eliminated.
- Players in the queue may be regenerated by a team mate's catch, allowing them to return to play.
- While playing, all players must stay inbounds at all times.
- Each match will have shaggers to bring balls back into play.

Eliminating Players

- Players are eliminated if they are struck by an opponent's live thrown ball.
- A throwing player is eliminated if their throw is caught by an opposing player.
- Players are eliminated if they cross the neutral zone line or go out of bounds.
- Thrown balls are considered live until they touch the floor, wall or ceiling.
- Thrown balls are live if deflected off of a blocker or a team mate.
- Intentional contact with an opposing player in the neutral zone will eliminate the violator.
- No slapping at or stripping a ball from an opposing player.
- A player is eliminated in CoEd if they execute a "High Throw" against the opposing team.
- A player is eliminated if they execute a "Headshot" on an opposing player.

Catching & Blocking

- Catches Regenerate an eliminated player on your team.
- Catch is considered a catch the instant the catcher demonstrates possession of the ball.
- Players may use a ball to block a thrown ball; the thrown ball is live off the blocker.
- Fingers are considered part of the ball, but the hand is not.

Opening Rush

- All players must be completely behind the line.
- No movement prior to start (similar to track and field).
- Officials will restart if any player False Starts.
- No intentional contact or reckless incidental contact allowed, or you will be eliminated.
- No sliding, you will be eliminated.
- Players must bring their ball behind the attack line before they throw.